

Sugar



READ THE LABELS!

Do you KNOW exactly what you & your family are eating & drinking?

Many trusted brands & products contain a toxic poison called ASPARTAME!

Aspartame accounts for over 75% of the adverse reactions to food additives reported to the Food & Drug Administration. Many of these 92 reactions are very serious including SEIZURES, ADHD, ADD, OBESITY, TUMOURS & CANCER.

Do you STILL want to risk giving this to your children? ALWAYS READ THE LABELS of the food & drink you buy! EDUCATE YOURSELF on what you & your family are consuming!

Also beware of other insufficiently tested sweeteners such as SUCRALOSE, SACCHARIN & ACESULFAME K!

No Added Sugar

**WATCH OUT FOR:
*Contains a source of phenylalanine**



SWEETENERS OUTTA SCHOOLS

Join our campaign to get sweetened products out of schools!

OUR CHILDREN ARE SWEET ENOUGH!

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For more information or to download pre-written letters for you to send to local schools, nurseries, diet clubs, playgroups, etc please see our website:

www.southwalesawakening.co.uk